

March 11, 2024

Dear Parishioner,

We're halfway through Lent! I know we're all a lot closer to the Lord than we were on Ash Wednesday!

Congratulations to our students who received their First Communion this past weekend. We are so proud of each of you.

Congratulations are also in order for our Middle School Thespian Troupe who competed at States recently. Our 7th and 8th graders received all excellent and superior adjudications in each event in which they competed. You represented St. Anthony Parish well!

Just a quick clarification (and only because three different people asked me about this last weekend!): Abstaining from meat on Ash Wednesday and the Fridays of Lent is expected of **everyone** fourteen years of age and older. The obligation to **fast** on Ash Wednesday and Good Friday is not required after age 60. You still have to abstain from meat, though. Enquiring minds wanted to know.

Our focus is better placed on acts of mercy! Remember that Scripture tells us, "It is mercy I desire, not sacrifice." Be a blessing for someone else today. That will be worth more than the cheeseburgers you missed on the Fridays of Lent!

Keep safe.

Devotedly,
Fr. Michael Grady